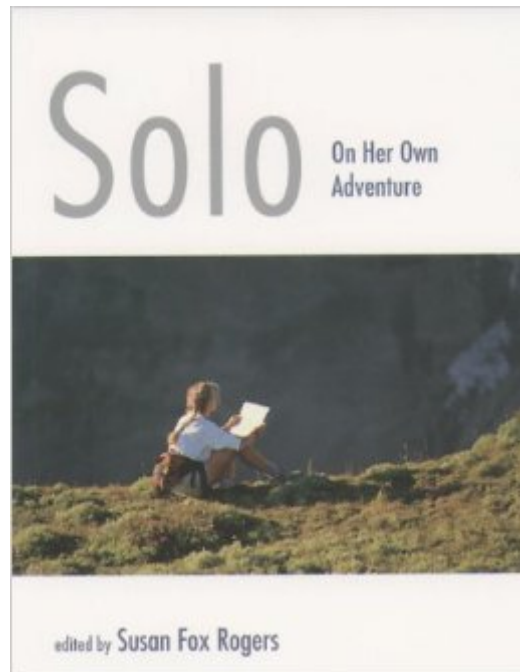


The book was found

# Solo: On Her Own Adventure



## Synopsis

Many women dream of solo adventure. The 22 women in "Solo" turned their dreams into reality. Whether they light out for a day hike in the Adirondacks, bodyboard with dolphins off the California coast, peddle across New Zealand, road trip through the northwestern United States or mountain bike the Alaskan tundra, each contributor to "Solo" describes the inspiring challenges and exhilarating rewards of going it alone.

## Book Information

Paperback: 304 pages

Publisher: Seal Press (WA) (August 1996)

Language: English

ISBN-10: 1878067745

ISBN-13: 978-1878067746

Product Dimensions: 7 x 5.4 x 0.6 inches

Shipping Weight: 9.1 ounces

Average Customer Review: 4.1 out of 5 starsÂ Â See all reviewsÂ (15 customer reviews)

Best Sellers Rank: #1,339,061 in Books (See Top 100 in Books) #147 inÂ Books > Sports & Outdoors > Miscellaneous > Women in Sports #287 inÂ Books > Sports & Outdoors > Survival Skills #2086 inÂ Books > Sports & Outdoors > Hiking & Camping > Instructional

## Customer Reviews

As a woman who has found both bliss and grief in solitary desert adventures, I was immediately drawn to this essay collection. Here, as I had hoped, are women who understand that experience and know its value. What Susan Fox Rogers has also given us is a broad range of such women, revealing the many reasons one might choose such exposure to risk, and the varied responses to it. For some women, such as Susan Marsh, this was a brief and impulsive choice. She simply spent a long evening finding her way alone through the Mojave back to her group and her campsite. Yet it was enough for her to find a revelation of consciousness, "a spontaneous mix of inner peace and sensory alacrity" that she hadn't known before. E.A. Miller's family stories and expectations both motivated and inhibited her. She carefully planned her first solo weekend in the Adirondacks to be a trip without any history, personal or otherwise. With her dog along (which to my mind is not quite a solo), there was no drama, no danger, and she was never afraid. Nonetheless, she was without human company, and at a loss when trying to have her own experience, one unfiltered by the perceptions of others. It took half the trip to stop reviewing it, to simply be present. For me, walking in

solitude through the ancient and bare landscapes of the Southwest, carrying all that I need on my back, has always been a spiritual and creative quest. At first, it was a conquering of fear. Later, it became a renewal. Retreats into solitude left me with more to give to others. For each woman in this grouping, there is a motivation that is uniquely her own, and yet something that we can all recognize. Lucy Jane Bledsoe, confident after many solo trips, describes the real danger of being a woman alone.

[Download to continue reading...](#)

Akiane: Her Life, Her Art, Her Poetry: Her Life, Her Art, Her Poetry Solo: On Her Own Adventure

Akiane: Her Life, Her Art, Her Poetry Peace Pilgrim: Her Life and Work in Her Own Words

Homesteading for Beginners: Self-sufficiency guide, Grow your own food, Repair your own home,

Raising Livestock and Generating your own Energy (Homesteading, ... Start Your Own Corporation:

Why the Rich Own Their Own Companies and Everyone Else Works for Them (Rich Dad Advisors)

Bach: Sonatas and Partitas for Violin solo / Sonaten und Partiten fÃ¼r Violine solo / Sonates et

Partitas pour Violon seul (ED 6850) (English, German and French Edition) Sonata, Op. 115: Violin

Solo (String Solo) (Library of Russian-Soviet Music) Rachmaninoff - Second Piano Concerto Opus

18: Piano Solo Arrangement (Symphonies/Concertos for Solo Piano) The Boosey & Hawkes Piano

Solo Collection: Rachmaninoff: 29 Favorite Themes Arranged for the Intermediate Pianist (Boosey

& Hawkes Solo Piano Collection) Favorite Sacred Classics for Solo Singers (Favorite Classics for

Solo Singers) with CD med/high voice Solo Flight: One Pilot's Aviation Adventure. Worthy of Her

Trust: What You Need to Do to Rebuild Sexual Integrity and Win Her Back Barbie Fashion: The

Complete History of the Wardrobes of Barbie Doll, Her Friends and her Family, Vol. 1: 1959-1967

(Barbie Doll Fashion) Barbie Doll Fashion: the Complete History of the Wardrobes of Barbie Doll,

Her Friends and Her Family, Vol. 3, 1975-1979 Sex: Sex Starved Marriage: 33 Demonstrated Sex

Positions + 14 Best Tips On How To Last Longer, Make Her Scream And Be The Best Lover In Her

Life (+FREE BONUS)(Sex and Marriage, Sex Positions Book) Meet Her To Keep Her: The 10

Biggest Mistakes That Prevent Most Guys From Attracting And Keeping An Amazing Girlfriend

January First: A Child's Descent into Madness and Her Father's Struggle to Save Her Haiti: Her

History and Her Detractors She Tries Her Tongue, Her Silence Softly Breaks (Wesleyan Poetry

Series)

[Dmca](#)